

Undergraduates' Guide to the BSG LIVE'24 Conference

Welcome to BSG LIVE'24 – we're so glad to have you!

We hope you enjoy your time here and learn about the latest research and developments in Gastroenterology and Hepatology. We understand that it can feel daunting if this is your first ever experience at a conference – please don't worry!

We hope the following top tips will help you navigate the Conference and get the most out of the experience.

TOP TIPS

- 1 First Stop, the **BSG Stand** – a great meet-up place to grab a free coffee, take a seat, or have a chat - we're looking forward to meeting you and can help guide you through the event
- 2 Take a tour around the **e-posters** on the Hall 3 mezzanine – get stuck in, ask questions, and use this as an opportunity to network with researchers!
- 3 Attend **symposiums** – there are lots to choose from, so have a look into what talks are being presented at each and make sure you attend!
- 4 Attend the “**Meet the Experts**” sessions – this will be a great way to get the latest updates and inspiration from experts within their field!
- 5 Consider attending **Plenary** sessions – this will be a good place to start if you're unsure about what you'd like to explore to begin with! The Plenary will also include some thought-provoking talks from leaders in gastroenterology and inspirational award presentations.
- 6 Come along to the “**Undergraduates Symposium**” session on Tuesday morning. Hear from Gastroenterologists about their career journey from clinical to academic - you can ask questions and network with your fellow students. There's no such thing as a silly question!
- 7 Make sure you **take a break** – it's easy to get carried away with all the fantastic talks and busy atmosphere, so please take time to eat lunch, recharge and continue!
- 8 Sign up for the **BSG Night** – taking place on Wednesday night at The Button Factory, this is a great way to meet new people and network in a more informal and relaxed setting.